



## WHAT IS AN ADAPTIVE CYCLE?

The adaptive cycle (also known as the ecocycle) is meant to be sense making and planning tool. It helps us make sense of the different dynamics we see and experience as part of social systems. This tool invites us to focus also on creative destruction and exploration in addition to typical themes regarding development or maturity. The Adaptive Cycle makes it possible to spur agility, resilience, and sustained performance by including all four phases of development in sense making and planning processes.

(Adapted from: <http://www.liberatingstructures.com/31-ecocycle-planning/> and Social Innovation Generation)