

What Kind of Volunteer Are You?

Are you a first time volunteer? Not sure where your interests lie, but want to get involved?

Take this quiz to help narrow down your interest or find an opportunity that matches your passions & skill sets.



Draw a circle around the answer that best represents you:

You're on a special event committee at school, which role interests you the most:

1. Pitching in wherever/whenever I'm needed
2. Chairing the event
3. Brainstorming the theme
4. Decorating the event with my friends
5. Looking after the budget to make sure its on track
6. Researching other events hosted in the past to see what worked & what didn't

Which one of the following best describes you:

1. I feel at my best when I've really helped someone
2. I like the feeling of accomplishment I get when starting and completing a project
3. I have a lot of great ideas about making the world a better place
4. I feel energized when I'm with other people, especially my friends
5. I am detail oriented & committed, I know what it takes to get a project done
6. I love learning new things, especially things that interest me.

You're an influencer who has earned a lot of money, which charity or charitable causes would you share the wealth with?

1. The Salvation Army or Stollery Children's Hospital
2. Support frontline workers by buying hospital equipment or supplies
3. Greenpeace or the World Wildlife Foundation
4. A party celebrating volunteers or a fundraising gala
5. A granting organization that funds nonprofits
6. A university or other research groups

Of the following, where would you prefer to spend your time:

1. Babysitting your neighbour's children so they can run errands
2. Running a 3 km race
3. Planting a tree
4. Going to a party
5. Watching interesting how-to videos on YouTube or TikTok
6. Reading an interesting book

Which of the following pairs are your favourite movies:

1. Charlotte's Web/Finding Nemo
2. Captain America: The First Avenger/Hercules
3. The Lorax/March of the Penguins
4. Sand Lot/Harry Potter & the Philosopher's Stone
5. The Dark Knight/Cast Away
6. Onward/Lord of the Rings: Fellowship of the Ring

Your school council is organizing a carnival fundraiser, which job would you apply for:

1. Team leader for volunteers at the carnival
2. Event Coordinator
3. Assistant Event Coordinator
4. Planning & organizing games for the carnival
5. Treasurer for the event
6. Helping to secure funding & donations for the fundraiser

Which of the following gifts would you most like to receive:

1. A donation in your name to your favourite charity
2. iPad/iPhone
3. Clothing
4. An evening out for you and your friends (e.g. a concert or sporting event)
5. A collection of books
6. Tickets to an educational event (e.g. a talk at the museum or science centre)

Which of the following paired career choices most interest you:

- 1. Nurse / veterinarian
- 2. Director of a company or nonprofit
- 3. An inventor / activist
- 4. Public relations / event planner
- 5. Accountant / engineer
- 6. Teacher / librarian

Who would you like to have dinner with:

- 1. Prince Harry & Meghan Markle
- 2. Connor McDavid
- 3. Greta Thurnberg
- 4. Kanye West
- 5. Barack Obama
- 6. Elon Musk



Add up the total circles for the numbers 1 through 6.

1 _____ 2 _____ 3 _____ 4 _____ 5 _____ 6 _____

If you scored...

Mostly 1s
Altruist

You are born to help. When an event is organized, you're the person that always gets called – and you almost always say yes! You're a real team player and always have a lot on the go. Seeing the difference you've made or knowing you've helped someone makes you feel awesome. You tend to prefer front-line work and want to interact directly with those you're helping.

Mostly 2s
Achiever

You are a natural leader. When someone asks for a leader or captain, you're the first to volunteer. You enjoy seeing things get accomplished and because you're efficient, you like to be in control. You hate your time being wasted and you're not one for detailed work. You like to see a project start and end successfully. You tend to prefer being in charge so that things get done "right". You like to spend your time doing something with a definite beginning and end.

Mostly 3s
Idealist

You are going to change the world. You have big ideas about how to make the planet better, and you are not afraid to share those ideas. You often think globally, but can be just as satisfied changing the world close to home. You tend to prefer positions where you're able to share ideas and opinions and are able to influence others – whether it's through posters, demonstrations, or by example.

Mostly 4s
Socializer

You are charismatic and people are drawn to you. Life is a party for you! Even if the work is tedious, you know how to make it fun. You are energized by others – especially your friends and loved ones. You either have a large and diverse circle of friends or are especially close to a smaller group of people. You tend to prefer working in social settings as part of a group, especially with your friends to share in the experience.

Mostly 5s
Realist

You are a realistic and hard-working person. You make sure all the details are taken care of and know how much work is involved in realizing goals, and you're prepared to do! Often the voice of reason, you can help a team stay focused by setting realistic goals and coming up with a plan to realize those goals. You tend to prefer not being in charge of a project, but working closely with the organizer to ensure that nothing is missed.

Mostly 6s
Seeker

You are a planner. No experience is a waste of time to you and you see everything as an opportunity to learn and grow. Doing something today could really pay off for you tomorrow! You are savvy about the benefits of volunteering and how it can help you in the long-term, but you still enjoy helping others. You tend to prefer positions that are directly related to your future schooling, career, or scholarships.

	Altruist	Achiever	Idealist	Socializer	Realist	Seeker
Hospital or Health Care	Friendly visitor	Organize a fundraiser for the Stollery or sell Stars Lottery	Join a youth board on health intervention or prevention	Lead recreation activities or volunteer for special events	Meal time helper at a long-term care facility	Customer service at a gift shop
Animals or Environment	Dog walker for an animal rescue org	Clean up your city with Capital City Cleanup	Start a petition or website advocating for animal welfare	Special event volunteer with the Edmonton Zoo or John Janzen	Commissary volunteer at the zoo (help with feeding or making beds)	Migration monitoring with the Beaverhills Observatory
Schools or Libraries	Volunteer to lead English Clubs at the library	Score keep or officiate at school sporting events	Start (or join) a model UN club at your school	Join student council or organize student events	Buddy up or be an in-school mentor to students in your school	Provide tutoring at school or library in your favourite subjects
Social Services	Be a Club Volunteer with Boys & Girls Clubs	Hold a food drive for the community food bank	Collect hampers for Christmas or toys for the Christmas Bureau	Become a RISE Ambassador and meet other like-minded youth	Kitchen Helper with the Mustard Seed	HERO Volunteer with the City of Edmonton
Arts & Culture	Craft Assistant with local Community Leagues	Interview & record stories from Holocaust survivors with Jewish Family Services	Join the Advisory Committee for Young Edmonton Grants with the Community Fdn	Be a Science Garage Assistant with Telus World of Science	Knit or crochet for breast cancer survivors with Knitted Knockers	Join Cappies and review local theatre and use your creative writing skills
Sports & Recreation	Play guitar at a local community league event	Coach for a sports team	Special event volunteer with Special Olympics Alberta	Join a golf tournament to raise funds for a local charity	Be a Bike Mechanic with Edmonton Bicycle Commuters	Volunteer for a tournament such as the Polar Cup
Children	Be a childcare volunteer at YMCA	Be a Leader in Training with the City of Edmonton	Reading Circle Volunteer with Frontier College	Be a spring or summer camp volunteer with University of Alberta	Be an In-School Mentor with Big Brothers Big Sisters	Be a Homework Helper at your school

Positions are sample postings from VolunteerConnecgtor for the Edmonton Region. Create a template for your community